

Enjoy the winter season in Vaasa.

- Take care of your mind and body.
- Extra vitamin supplements.
- Dress warm. Remember reflectors.
- Go out for walks during daytime or play with your children in the snow. Find fun activities that suit you.
- Get cozy with candlelight
- Go in sauna and take a dip in the sea
- Register for the newsletter www.welcomeoffice.fi
- Winter solstice Dec 21.

Light returns! 🔆





Wordcloud:

What word describes how you feel right now after this webinar? (10 responses)

brightened

Optimistic awesome thankful

